

Informed largely by the language of painting, and constructed through traditional folk method of rag rug hooking used by her grandmother, Aanrud's work is at once a slowly stitched drawing and a labyrinthine map of the act of thinking.

"Time becomes tactile, ticked up in a stitch. I set about a familiar rhythm where my scurrying mind can find rest through work. A line is cut, felt, held and pulled through a grid of burlap. A figure forms from this slow draw—conjured from below the surface. It is not quite me, but maybe in the curve of an arm, length of hand, or tilt of cheek. I keep a side eye on this labyrinthine nude, mostly seeing through feeling—the way one does in the dark when navigating the soft sculpture of a person's body. My hands hold onto this tangle of tapestry and I study the faces I've made, "Hey, I've seen that look before!" Perhaps these women are versions of me—emotional states given physical form. They are allegories that depict certain dualities —at once placid and anxious, beautiful and treacherous."

Liv Aanrud 2018

Liv Aanrud earned a B.F.A with a painting emphasis at the University of Wisconsin-Eau Claire in 2001. She was awarded a full scholarship and teaching fellowship at Mason Gross School of the Arts at Rutgers University, where she received her M.F.A in 2011. She has taught at ARTworks, teaching mixed media classes to at risk teen girls, and at Santa Barbara City College. Currently she is a teaching fellow at the Armory Center for the Arts in Pasadena.

Aanrud's work has been the subject of one person exhibitions at Arvia, Los Angeles, Steven Harvey Fine Art Projects in New York, Sierra Nevada College in Lake Tahoe, TSA-LA in Los Angeles, John Davis Gallery, Hudson, NY, Oasis Gallery, Marquette, MI, and Ochre Ghost Gallery in Duluth MN. She has shown in two person exhibitions at the Anne Reid '72 Gallery in Princeton, NJ, and in various group exhibitions across the U.S, Taiwan and Germany.

b. 1979

EDUCATION

2011

MFA, Mason Gross School of the Arts, Rutgers University, New Brunswick, NJ

2001

BFA, University of Wisconsin-Eau Claire, Eau Claire, WI

UPCOMING SOLO PROJECTS:

Keep the Still, 1700 Naud, Los Angeles

Liten er Stor, Elephant Kunsthall, Lillehammer, Norway

SOLO EXHIBITIONS

2019

Weaver's Hitch, New Image Art, Los Angeles, CA

2017

Sing into My Mouth, Arvia, Los Angeles, CA

2016

Blindsides, Sierra Nevada College, Lake Tahoe, NV

2015

Ravel Ravel, Steven Harvey Fine Art Projects, New York, NY

Hooked on a Feeling, Tiger Strikes Asteroid-LA, Los Angeles, CA

2012

Lake Affect, Oasis Gallery, Marquette, MI

2011

The Thick of Things, Ochre Ghost Gallery, Duluth, MN

Liv Aanrud: Recent Paintings, John Davis Gallery, Hudson, NY

TWO PERSON EXHIBITIONS

2018

Horizon Lines, Solship Gallery, Los Angeles, CA

2017

Night Moves, Interface Gallery, Oakland, CA

2014

Metamorphosisterz, Anne Reid '72 Gallery, Princeton, NJ

SELECT GROUP EXHIBITIONS

2019

A Common Thread, Richard Heller Gallery, Santa Monica, CA

A Store Show, Odd Ark, Los Angeles, CA

Labyrinth of Language, WERKARTZ, Los Angeles, CA

Cosmic Dreamway, Copacabana, Los Angeles, CA

Womensamble, National Craft and Research Museum, Taipei, Taiwan

Dream Weavers, STNDRD Projects, Loyola Marymount University, Los Angeles, CA

Gardens, Last Projects, Los Angeles, CA

Spring Break Art Show, Arvia, Los Angeles, CA

Dice Theory, Gallery Also, Los Angeles, CA

Psychenetics: Beyond the Great Filter, Elevator Mondays, Los Angeles, CA

Femi-Flow: Creating Female Subjectivity in Art, National Craft and Research Museum, Taichung,
Taiwan

2018

Magick is Afoot, XIX Studios, Los Angeles, CA

Barker Hanger Art Den, Odd Ark, Los Angeles, CA

Fragile Rock, TREEHAUS, Los Angeles, CA

Optimist Prime, New City Galerie, Burlington Vermont.

The Rag Trade pt 2, Steven Harvey Fine Art Projects, New York, NY

Displaced Cities: Los Angeles to Taiwan, Soulangh Cultural Park, Jilii Taiwan

Barrier, Gallery Also, Los Angeles, CA

2017

Feel It...Feel It, Diogenes Club, Los Angeles, CA

+ - , Gallery Also, Los Angeles, CA

Angstzeiten, Elevator Mondays, Los Angeles, CA

2016

Physical Painting, curated by Jennifer Samet, Maass Gallery, SUNY-Purchase College, Purchase
NY

Free Time, pt 1, Steven Harvey Fine Art Projects, New York, NY

Electric Ladyland, Rebel Art Space, Palm Springs, CA

Fata Morgana, Goldmine, Los Angeles, CA

2015

The Midnight Sun, Ms Barbers, Los Angeles, CA

ArtHamptons Art Fair, Steven Harvey Fine Art Projects, Bridgehampton, NY

Voodoo Chicken (-----) No Holds Barred, New York, NY

FiberSHED, Marin Community Foundation, Novato, CA

Painting in Trees, Bushwick Community Gardens, Brooklyn, NY

Thread the Needle, Perry McGrath, Los Angeles, CA

2014

JustMad6 Art Fair, Madrid, Spain

A Gap in the Screen, Taylor University, Upland, IN

Primitive Image, SSS Gallery, Los Angeles CA

Your Attica on the Pacific, Tiger Strikes Asteroid-LA, Los Angeles, CA

Faculty Biennial, Santa Barbara City College, Santa Barbara, CA

Underdonk Selects: Benefit Auction, New York, NY

Novella Gallery Spring Benefit Auction, New York, NY

2013

Invincible Host, Underdonk Gallery, New York, NY

10 Years Too Late, Abteeilum I-A-M Berlin, Germany

2011

In Fixed Territory, at Blurred Boundaries, 460 Main Street, Catskill, NY

Fresh Meat/Young Blood: NJ's New Masters, SICA - Shore Institute of Contemporary Art,
Longbranch, NJ

NowHere, Whitebox Gallery, New York, NY

II (MFA Thesis Exhibition), Mason Gross Galleries, New Brunswick, NJ

College Art Association NY Area MFA Exhibition, Hunter College/Times Square Gallery, NY, NY

PUBLICATIONS

2018

The Coastal Post: What Makes LA Special, June 2018

Voyage LA: Meet Liv Aanrud, December 2018

Hyperallergic, Outdoor Art Spaces, from a Pool to a Garage

2016

Spectrum Magazine: volume LIX, University of California Santa Barbara

LECTURES

2018 National Craft and Research Museum, Taichung, Taiwan

2016 Sierra Nevada College, Lake Tahoe, NV

2014 Santa Barbara City College, Santa Barbara, CA

RESIDENCIES

2018 Soulangh Cultural Park, Jiali District, Taiwan

2017 Desert Drawing Club, Joshua Tree, CA